

**Interchange is a registered NDIS provider** supporting Western Australians living with disability to achieve their goals and live fulfilling lives through individualised, local, community-based support. For 30 years we have been putting people at the centre of everything we do.

**Our belief is we all belong.** We are all peas from the same pod! Our aim is to remove barriers and increase your choices. After all, this is all about you. **Your life, your choices, your way.**

With Support Teams from Two Rocks to Pinjarra, we can work together with the people you trust – family, friends and other NDIS supports, on building a whole support network around you.



## Get in touch

With Interchange Neighbourhoods all over the greater Perth Region we offer support from Two Rocks to Pinjarra.

Please get in touch if you have any questions on our services or want to talk through what support you may need to live a good life.

**T:** (08) 9329 9399

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Registered NDIS Provider

**[interchangewa.org.au](http://interchangewa.org.au)**

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# SUPPORT COORDINATION

Make the most of your plan



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## Your Plan. Your Way

We know finding and coordinating the support services you need to live a good life can be tough. Our team of friendly and experienced Support Coordinators are here to help. They work with you to make your life easier while also getting the support you want and need.

## Making the most of your plan

Together with your Support Coordinator you explore how to best use your NDIS funding to maximise the benefits of your plan and get to where you want to be, faster.

Support Coordination helps you to:

- Understand your NDIS plan.
- Find out what supports are included in your plan.
- Find the right service providers for you.
- Keep your NDIS plan on track.

## Achieving your goals

### We want to know where you want to go!

Your Support Coordinator will be listening to you and what you want out of life. Together you will be working on your own personal plan to achieve the goals you have set for yourself.

## Increasing your choices and skills

Support Coordination helps you to build the skills you need to understand and use your NDIS plan. The focus of our support coordination role is to empower you to live a good life – a life you choose. We want to remove barriers and increase your choices and skills so you feel confident to manage your supports on your own if you want to.

**Your life. Your choices. Your way.**

## Helping you out

Your Support Coordinator will also be there when things get difficult. They will assist you in resolving problems or issues with your services and support you to get things back on track.

Your Support Coordinator can help you in many ways, depending on your preferences and choices, together you can:

- Choose and plan your own supports.
- Connect with the right providers who understand you.
- Review and negotiate service agreements.
- Prepare for your NDIS plan review.
- Explore housing needs and living options.
- Organise practical support such as shopping, social support and transport.
- Connect with your local community.
- Help you to manage supports on your own and become more independent.
- Help you work through any problems.



Our passion is to help people we support grow and flourish in their home and community and we would love to do the same for you.

Our friendly teams are happy to answer your questions and are looking forward to being part of your journey.

Simply call us on **9329 9399**, email **[hello@interchangewa.org.au](mailto:hello@interchangewa.org.au)** or visit **[interchangewa.org.au](https://interchangewa.org.au)** for more information.

**We look forward to welcoming you to our Neighbourhood!**

