



# Getting help from an Advocate



Easy Read



## Hard words



This book has some hard words.

The first time we write a hard word

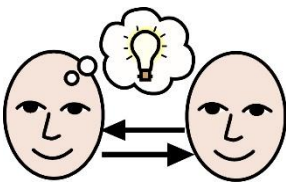
the word is in **blue**

then we write what that word means.



**You can get help with this book.**

You can ask someone to help you read the book.

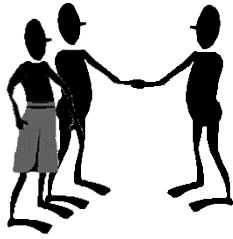


You can ask someone to help you know what  
the book is about.



You can get someone to help you find more  
information.

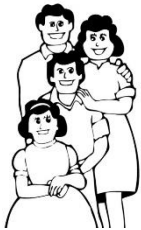
**This book is about getting help from an  
advocate.**



An advocate is someone you can trust and who is on your side.

- They can help you to tell people what you want.
- They can help you to tell people what you need.
- They can help you to tell people when something is wrong.

**Everyone can have an advocate to help them.**



An advocate can be a family member.



An advocate can be a friend you know well.



An advocate can be a support person you know well.



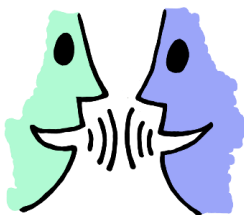
An advocate can be a **professional** advocate.

A professional advocate is paid to be an advocate for their job.



An advocate can help you make decisions.

An advocate can help you understand information.



An advocate can help you say what you want.

An advocate can help you get the services you need.

An advocate can help you know about your **rights**



**Rights** are:

- Things we can all have
- Things we can all feel
- Things we can all get
- Things we can all do



We all have rights. We all have **equal rights**.

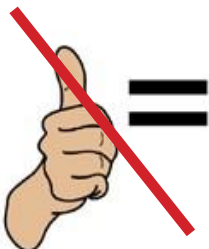
This means we all have the same rights.

This means we can all expect to be treated fairly.



An advocate can help you if you are not treated fairly.

An advocate can help you if you experience **discrimination**.



Discrimination is when one person does **not** treat another person the same as everyone else.

Discrimination is when one person is treated unfairly by another person.



An advocate can help you make a complaint.



An advocate can help you write a letter or make a phone call about what happened.



An advocate can help you in a meeting to talk about the problem.



An advocate can help you get advice on legal problems.



You have the right to ask for help from an advocate if you want that.



If you need one, there are professional advocates working at Developmental Disability WA who will try to help you fix the problem.



**You or someone you trust, can call us**

Phone: (08) 9420 7203



**Or you can email us**

[ddwa@ddwa.org.au](mailto:ddwa@ddwa.org.au)



**Or visit us at**

City West Lotteries House  
2 Delhi Street, West Perth